

**Report on the work done by the scientific school " Emotional Intelligence " for the
2020-2021 academic year**

Department	Supervisor	Composition (full name)	Scientific direction	Time
FACULTY OF INNOVATIVE EDUCATION				
"Psychology and special Education"	Candidate of Psychological Sciences, Associate Professor - Zh. N. Sabirova	Nurmukasheva S. K.- Candidate of Pedagogical Sciences, Associate Professor; Shugaeva G. K. – Candidate of Pedagogical Sciences; Kazhenbayeva A. E. - Associate Professor, senior lecturer; Kaziev K. O.-PhD, acting Associate Professor; Musina G. M.-senior lecturer, Master; Bisembayeva T.Zh.-senior lecturer, Master; Rizuanova A. K.- Candidate of Pedagogical Sciences;	Mastering technologies for developing literacy, emotional intelligence, self-knowledge and the ability to control the emotions of others.	Thursday, 15:00 p.m. Online platform – Zoom
Purpose	To instill in students the ability to correctly assimilate, interpret and correctly use their emotions and the emotions of others in communication, in practice.			
Tasks	<ul style="list-style-type: none"> - To acquaint world, domestic scientists with research on the management of emotions, feelings, mental states; - Mastering the technologies of perception, understanding, control of one's own and others' emotions in communication, activity; - Formation of emotional intelligence skills. 			
The plan for 2021	<ol style="list-style-type: none"> 1. Theory of emotional intelligence and types of intelligence: - Candidate of Pedagogical sciences, Head of the department Shugaeva G. K., Master, senior lecturer Musina G. M., Master, senior lecturer Turegalieva V. S., Master, senior lecturer Umirzakova-Akhmet A. K., Master, teacher Ongarbai A. N. – (February); 2. Emotional consciousness. Control and development of emotions. - Candidate of Psychological sciences, Associate Professor Sabirova Zh. N., PhD, acting Associate Professor Kaziev K. O., Senior Lecturer, Master Gumarova G., Master, Senior Lecturer Daulet T. K.-March; 3. Fundamentals of understanding and perception of empathy and emotions of others: associate Professor Kazhenbayeva A. E., Master, senior lecturer Bisembayeva T. Zh., Candidate of Pedagogical sciences Rizuanova A. K., Master, senior lecturer Karabaeva N. B., - April; 			

	4. Managing emotions and reactions of other people: Candidate of Pedagogical sciences, Associate Professor Nurmukasheva S. K., Candidate of Pedagogical sciences, Associate Professor Faleeva A. A., Master, senior lecturer Bisenova Sh. N., Senior lecturer Abdrakhmanova A. K., Master, lecturer Sultangalieva A. E.- May;
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Main areas of work: conducting master classes, trainings, defending projects and other events.

Competencies after the course: Results obtained after completing the course:

To know: about the features of emotional intelligence in various fields of world psychology. About the sources and mechanisms of the development of intellectual human problems and strategies for their solution. Know about strategies for developing introspection, self-change and self-efficacy.

Be able to: conduct semantic analysis of human problems and productive ways to solve them. Countering stressful situations and encouraging responsive behavior. Be patient with the problematic sides of the other and be capable of creativity and efficiency both in the team and in various spheres of life.

Own: the basics and technologies of emotional intelligence, methods of self-regulation and regulation of relations with others in various areas of world psychology in order to build fruitful relationships.

Events held: an online scientific and methodological seminar "emotional INTELLIGENCE: a new quality of life" was held, dedicated to the 30th anniversary of independence of Kazakhstan, the Day of Science. April 8, 2021.

The purpose of the seminar is for the teaching staff of the Department of Psychology and Special Education, together with school psychologists, to consider ways to develop emotional intelligence (EQ) skills in improving the effectiveness of self-development and self-regulation of the individual.

Speakers:		
1	Musina Gulmira Merlatovna, Senior Lecturer, Master	Emotional intelligence: its structure and content
2	Kaziev Karas Orzhanovich, PhD	Personal self-development-effective ways to increase the internal resources of the individual (within the framework of 100 new textbooks)
3	Mukhanova Shynar psychologist of secondary school named after Kh . Dospanova	"Development of emotional intelligence in educational centers" (Presentation)
4	Aidayeva Damesh is a psychologist of secondary school No. 33	"Communication and emotional Intelligence" (Presentation)
5	Utegenova Zhuldyz psychologist of secondary school No. 6	"The role of parents in the development of a child's emotional intelligence"
6	Gulmira Gumarova Teacher, Master	The world of emotions: the role of a teacher in the development of children's emotional intelligence
Closing speech		
	Shugaeva Gulshat Konyratovna	Head of the Department of Psychology and Special Education, Candidate of Pedagogical Sciences, Associate Professor
Open mic		

ONLINE SCIENTIFIC AND METHODOLOGICAL SEMINAR. March 31, at 10.00 a.m.

Topic: Managing emotional states.

Participants:

Akhtayeva Nadiya Seilkhanovna

Professor of the Department of General and Applied Psychology of Al-Farabi Kazakh National University, Doctor of Psychological Sciences.

Topic: Emotional management (management) - as a human resource management tool

Abdigapbarova Aitkul Iskendirovna

Senior lecturer, Master of the Department of "Vocational Training" of the Kazakh National Agrarian University

Topic "the place of emotions and feelings in human life"

Bekbaeva Zeynep Nusipovna

Kazakh National Pedagogical University named after Abai, Candidate of Pedagogical Sciences, senior lecturer

Topic: features of emotional development of children in need of special knowledge

The scientific and methodological seminar was attended by faculty teachers, students, postgraduates, who shared their opinions and received good impressions.

АТЫРАУ
UNIVERSITY

PSYCHOLOGY
ATBU

Онлайн Ғылыми-әдістемелік семинар

Н. С. АХТАЕВА
А. Н. АБДИГАЛБАРОВА
З. Н. БЕКБАЕВА

Тақырыбы: Эмоциялық күйлерді басқару.

АХТАЕВА НАДИЯ
Сейілханқызы
Өл-Фараби атындағы
Қазақ Ұлттық
университетінің жалпы
және қолданбалы
психология
кафедрасының
профессоры, п.ғ.д.

АБДИГАЛБАРОВА АЙТКҮЛ
Искендірқызы
Қазақ ұлттық аграрлық
университеті «Кәсіптік
оқыту» кафедрасының
аға оқытушысы, магистр

БЕКБАЕВА ЗЕЙНЕП
Нүсіпқызы
Абай атындағы Қазақ
ұлттық педагогикалық
университеті, п. ф. к.,
аға оқытушы

САБИРОВА ЖАҢЫЛСЫН
Нұрмұханқызы
Х.Досмұхамедов
атындағы Атырау
университеті
Психология және арнайы
білім беру кафедрасының
қауымдастырылған
профессоры, п.ғ.к.

БАСҚАРУ
ПСИХОЛОГИЯСЫ

Оқу құралы

Н. С. АХТАЕВА
А. Н. АБДИГАЛБАРОВА
З. Н. БЕКБАЕВА

Пәні: Менеджмент психологиясы, Психология
мамандығы 3курс
31.03.21ж сағат 10:00

zoom Иден: 73597834642
Пароль 12345

PSYCHOLOGICAL CONTEST "PSYCHOLOGY IN MY LIFE"

Educational event dedicated to the 30th anniversary of Independence

Organizers: 6B03101-Psychology, 2nd year students Supervisor Zh. N. Sabirova **Time:** 09.02.2021

The purpose of the psychological competition: the development of creative search, support for talented and gifted students; assistance to students in improving intellectual knowledge, forming interest in educational and scientific direction.

Psychology 210 group-Feelings team

Psychology 211 group -Emotions team

Feelings (210 group)

Emotion (211 group)

1) Presentation: the group of emotions and feelings (emblem, anthem presentation)

A) gives a definition, indicates types, properties and gives literature. Slide protection 10-15;

- 2) The parties need to determine the nature of the faces by showing each other images of people. (Who is a positive or negative character.
- 3) Demonstration of emotions and feelings with the help of Art therapy exercises (defending of their drawings with the participation of students of all groups using a colored pencil or coloring);
- 4) The group should ask each other prepared questions in advance, or give a psychological task and get an answer, 10 questions.
- 5) Students of each group should offer motivational affirmations.
- 6) Of all these works, you need to make a portfolio and pass.

Responsible: Akbota, Gulsana, Diana, 87757647975 Asylai 87020983701

Students of the Feeling team: Timurovna Almira, Mambetova Arailym, Alibekova Asylai, Nizamova Farida, Bilisbekova Nurdina, Idayatova Ergul, Kayrgalieva Nazgul, Azangali Amangul

Students of the Emotion team: Gabdulgaparova Almira. Serikova Gulsana, Amanzhanova Zamzangul, Zhaksybayeva Arailym, Izbasarova Nurzhamal, Bizhanova Albina

EDUCATIONAL AND METHODOLOGICAL SEMINAR 9.12.2021

The department held an educational and methodological seminar on holding a meeting with psychologists of specialists of educational institutions "emotional intelligence". The psychologist of school No. 19 took part in the event. Due to the fact that special optional classes "emotional intelligence and critical thinking" are now held in schools, the participating psychologist shared his impressions.

Teachers of the department from 21.10 to 26.10.2021 passed a 72-hour course "Emotional intelligence and Critical thinking" organized by the scientific center named after I. Altynsarin and received certificates.

СВИДЕТЕЛЬСТВО

об окончании курсов

Настоящее свидетельство № **7700018110**

подтверждает, что **Сабирава Жанылсын Нурмухановна**

успешно окончил(а) курс глобальной компетенции
Института Развития Образования РАЧОО на тему
**«ЭМОЦИОНАЛЬНЫЙ ИНТЕЛЛЕКТ
И КРИТИЧЕСКОЕ МЫШЛЕНИЕ»**,
по программе повышения квалификации педагогов,
разработанной НАО им. Ы.Алтынсарина в объеме 72 часа.

**Председатель Республиканской Ассоциации
Частных Организаций Образования**

Р. Садыкова



Лектор: *Буюклиев Николай Петков
Турарбеков Мэлс Зейнуллоевич
Атабекова Бақтыгүл Ботабекқызы*

Teachers of the department from 29.03 to 11.05.2022 completed a 72-hour course based on the Skillfolio training platform and received a certificate (13.05.2022).



Scientific supervisor Sabirova Zh. N.